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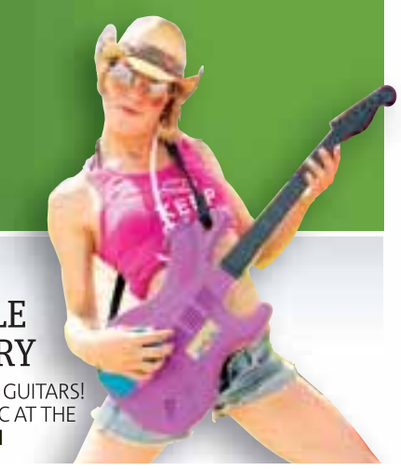

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24,232 Petition signatures

Regina Water Watch

Comic Con, here we come

Metro previews what you can expect to geek out over, from X-Men to Agents of S.H.I.E.L.D. PAGE 11

A LITTLE BIT CAMP, A WHOLE LOTTA COUNTRY

BREAK OUT THE NOVELTY GUITARS! IT'S MUD, BEER AND MUSIC AT THE CRAVEN JAMBOREE PAGE 4

Riders rough up Argos to keep win streak alive

Make that three in a row. Green and White's perfect record still stands as Durant hits Smith with two long TD passes in 39-28 win in Toronto

Darian Durant threw three touchdown passes, including two long ones to Taj Smith, to lead the Saskatchewan Roughriders past the Toronto Argonauts 39-28 on Thursday night.

Durant cemented the win before a disappointing Rogers Centre gathering of 18,211 with a 70-yard TD strike to Smith at 6:51 of the third quarter to put Saskatchewan (3-0) comfortably ahead 29-14. Durant also found a wide-open Smith on a 61-yard touchdown pass in the opening half.

Durant finished 14-of-19 passing for 245 yards before suffering a foot injury and being replaced by Drew Willy with 9:52 remaining. But running back Kory Sheets anchored the victory, surpassing the 100-yard rushing plateau for the third consecutive contest with 178 yards and two TDs.

Sheets, who had three 100-yard games last year, has rushed for career highs in the first three weeks of the season.

Toronto (1-2) made it interesting early in the fourth when Ricky Ray hit Chad Kackert on a 48-yard touchdown pass to cut its deficit to 32-21. But the defending Grey Cup champions still suffered their second straight loss despite Ray finishing 27-of-37 passing for 334 yards and two TDs.

Rob Bagg had Saskatchewan's other touchdown. Chris Milo added the converts and a field goal while Ricky Schmitt booted a single.

Andre Durie and Zach Collaros scored Toronto's other touchdowns. Noel Prefontaine kicked the converts, two field goals and a single.

THE CANADIAN PRESS

Lovin' it in T.O.

Saskatchewan, the CFL's lone undefeated team, has been dominant at Rogers Centre, winning seven of its last eight games there and eight-of-11 overall against the Argos.

- The Riders also scored more than 30 points for the third straight game.

Darian Durant celebrates Taj Smith's touchdown in the second half of Thursday's game between the Roughriders and the Argonauts in Toronto. The Riders went on to win 39-28.

STEVE RUSSELL/TORSTAR NEWS SERVICE

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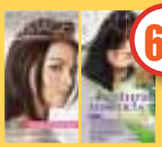

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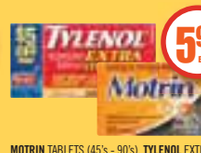

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SHOPPERS DRUG MART

Regina's race-themed reality show in the starting blocks

Local entertainment. Velocity to kick into gear on Friday, air on Access 7 this fall

ROSS ROMANIUK
ross.romaniuk@metronews.ca

It's two days of racing around Regina for fun, possible prizes and a bit of local fame. And for viewers of the Access 7 cable channel, it's two months of watching a reality drama similar to The Amazing Race play out in the Queen City.

Velocity, a new program produced by Regina's Access Communications, will burst out of the starting blocks on Friday at 7 a.m. at City Square Plaza, with five two-member teams racing through the capital while television cameras capture the action for airing this fall.

"They're doing mental and physical challenges, all around Regina landmarks," Corby Evenson, producer of the show, said of the contest to be televised weekly beginning Oct. 1 until late November.

"They'll be given clues," he added.

"As the show progresses, teams will be eliminated. Then it will come down to the top two teams."

Chad Dwyer was selected for Velocity with friend Wesley Ducharme after submitting an audition video. The 22-year-old electrician is eager to take a run at the grand prize package valued at $2,500 for the winning duo.

"It doesn't hurt to win something," Dwyer said, adding that his employers have given him Friday off work to take part.

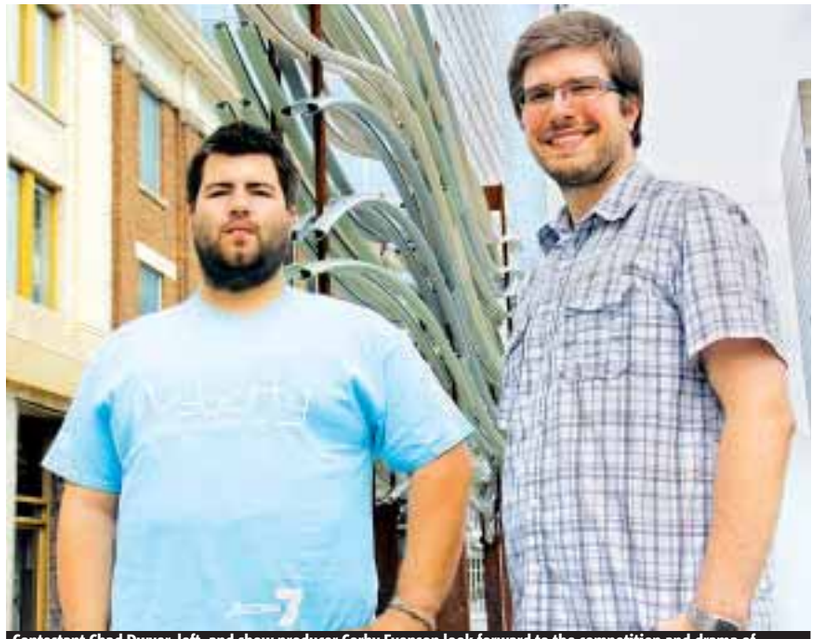
"They're looking forward to seeing me on TV making a fool of myself."

The other teams are a pair of friends, an engaged couple, two brothers and two young women whom Evenson describes as "complete strangers" who "met in person when they came to do their videos" to apply.

Though the winning team will be decided Saturday evening, that result won't be known to viewers until the final series episode more than four months from now.

"They'll be sworn to secrecy on how the show plays out," Evenson explained.

"We're not publicizing where they're going to be."



Contestant Chad Dwyer, left, and show producer Corby Evenson look forward to the competition and drama of Velocity, which is slated to kick off at City Square Plaza. ROSS ROMANIUK/METRO

Regina Water Watch crying foul over petition

Water Watch spokesman Jim Holmes MARCO VIGLIOTTI/METRO

Regina Water Watch is once again crying foul over a city-hall clerk's handling of the group's petition for a referendum on a partially privatized wastewater treatment plant.

The community group says the clerk's office is taking the unnecessary step of calling signatories to the petition to verify whether they meet eligibility criteria.

For a signature to count, it requires a full name, a valid city address, a date and a witness — all information already contained in the petition form, according to Water Watch spokesman Jim Holmes.

"You don't need to phone people to find out that information," Holmes said on Thursday. "There is no authority to phone people."

But Jim Nicol, executive director of strategy and governance with the City of Regina, said the clerk's office is simply following provincial legislation by verifying the information provided by a random sample of 1,226 signatories.

The clerk's office needs to call individuals, he said, because there is no other way to verify certain information.

"One of the provisions is that you exclude the name of someone if the street address isn't included or is incorrect," Nicol said. "I'm not sure how you'd determine if a street address is incorrect without contacting someone."

Regina Water Watch submitted 24,232 petition signatures to the city clerk on June 20, far surpassing the 19,310 names required to trigger a referendum under Saskatchewan legislation.

The clerk's office has since been verifying the signatures and will issue its final ruling on the petition in a report to city council on July 22.

MARCO VIGLIOTTI/METRO

Housing

City eyeing routes for restricting rooming residences

With more and more people flowing into Regina, the city is struggling with where to put them.

That means regulating boarding residences so that homes don't become a free-for-all and upset existing neighbourhoods.

City administrators are eyeing a handful of options for controlling so-called rooming houses and will recommend a route to council on July 29.

"In order to be a rooming house, the owner has to live on the property and rent rooms," Fred Searle, manager of current planning for the City of Regina, said on Thursday of the current bylaw regulation.

"That doesn't address situations where a house might be rented by multiple people. We thought we would go back and suspend all enforcement activity until such time that we completed a review."

That review involved feedback from the public, with citizens speaking up on Wednesday night at Knox Metropolitan Church on options tabled by Searle and other officials.

One option is removing rooming houses as a land use and regulating issues such as property maintenance and safety at such premises.

Another, said Searle, is to restrict the number of boarders at any detached home.

The city could also allow rooming houses in high-density districts and use licensing to control them.

"Over the next few days, we'll go through the comments," Searle said of the feedback.

"There might be elements from one option we'll want to look at in combination with another."

ROSS ROMANIUK/METRO

On the web

For more local news go to metronews.ca

Craven campers ready to party

Campers kept rolling into the Craven Country Jamboree site on Thursday and were met with mud, beer, music and people celebrating the start of the longest-running weekend country music festival on the Prairies.

ALYSSA MCDONALD
alyssa.mcdonald@metronews.ca

1 Purple Haze. The multi-purpose axe

Fake guitars that double as a drink container is the perfect accessory for these two girls at Craven Country Jamboree on Thursday afternoon.

2 All aboard! No way am I getting these rubbers muddy

People packed on to a four-wheeler in hopes of avoiding the mud and bringing their belongings to their campsite quicker.

3 Green machine. Vitamin P?

A group of friends party on top of a green painted bus, just one of many groups choosing to sit high to get the whole Craven view.

4 Wobbly 'washers.' Games help break up the monotony of getting a killer tan, you know?

Two friends play "washers" at their campsite. Many of the campsites were not only decorated, but also full of games like Fris-Nok, ladder golf and even horseshoes.

5 Pool side. You know what'll make this better?

Friends relax in their blow-up pool as temperatures reached 29 C on Thursday.

6 Little help? It looks like I'm pushing but ...

A group tries to push a camper out of the mud after it got stuck on the road.

First name's Momo, last name's Schwimmer

Three-month-old beaver Momo swims in the pool of the wild animal facility in Klein Offenseth-Sparrieshoop, Germany, on Wednesday. Momo was found alone on a dike after flooding in Germany. The beaver shares his moniker with another furry flood survivor — Momo the cat, who swam from a sinking truck to safety during June's flooding in High River, Alta. AXEL HEIMKEN/THE ASSOCIATED PRESS

Walmart denies firing woman over dog rescue

Hot dog. Former employee says she was told she was fired for 'being rude to a customer'

JOE LOFARO
Metro in Ottawa

Following an incident where one its employees in Kemptville, Ont. was fired after confronting a customer who left his dog in a car on a hot morning, Walmart Canada says it will install signs in its parking lots across Canada warning shoppers about the dangers of leaving children and pets in hot vehicles.

Carla Cheney with her dog Chico
JOE MORIN/METROLAND NEWS SERVICE

Walmart Canada issued a statement on its Facebook page just before noon Thursday saying that it is major supporter of animal rights and denying the termination was over the employee's move to confront the customer.

"We want you to know that the associate in question was absolutely not let go for trying to help a dog in a locked car. The decision to dismiss an associate is one that we take extremely seriously and must follow a comprehensive process," the statement said. "As per our protocol, the store manager did speak to the customer in question about the dangers of leaving a dog in a hot car."

The former employee, Carla Cheney, a pharmacy technician, said she called police Tuesday when she saw a man leave his dog in a truck in the parking lot. She said the SPCA had advised her to call 911 after a similar incident that happened at the store a week earlier.

We liked their early stuff better? Belugas to see another concert

Two Winnipeg artists are on the northernmost edge of Manitoba this summer to organize a concert series that promises to really whale.

Laura Magnusson and Kaoru Ryan Klatt left for Churchill last week with a specially crafted "sculptural sea vessel" — complete with a stage and an underwater speaker system — to stage performances for thousands of beluga whales on the Churchill River estuary.

"We're fostering ties between humans and belugas," explained Magnusson, who's travelled with Klatt to Churchill for the past two summers to sing and talk to whale pods. "This is the last hurrah, so for 75 days we're going to build a sustained but non-invasive presence on the Churchill River to see what happens."

This trip has grown from the pair's first two trips alone in a canoe with a homemade underwater speaker to include performances by 10 other interdisciplinary artists.

A special underwater microphone will record and play back the response they get from their audience.

"We can hear the whales and have this sort of sonic dialogue," said Magnusson.

Pods of whales can be seen following their boat in videos they've posted to YouTube of their previous trips.

"Maybe this year we can join a whale pod," laughed Magnusson.

SHANE GIBSON/METRO IN WINNIPEG

Check out the artists' work

- Follow Klatt and Magnusson's adventures at becomingbeluga.com.

U.S. research

Faraway quakes trigger tremors on oil and gas fields

New research suggests earthquake faults near oil and gas fields in the central United States can break after a large quake that strikes halfway around the globe. Researchers led by Columbia University found evidence of recent distant quakes setting off tremors around injection wells in Texas, Oklahoma and Colorado. THE ASSOCIATED PRESS

Vietnamese delicacy

90 cats may have been destined for the dinner table

Thai police say they have rescued about 90 famished cats that they believed had been headed to Vietnam.

They declined to say what fate they had rescued the felines from, but cats are considered a delicacy in their intended destination. The driver faces charges including animal cruelty and illegal transportation of animals. THE ASSOCIATED PRESS

Steer wrestling

Stampede needs to stop hurting animals: Group

The Vancouver Humane Society has called for the suspension of steer wrestling at the Calgary Stampede after a steer had to be euthanized. Society spokesman Peter Fricker says animals should not have to suffer and die "just to entertain a crowd." The animal couldn't get up after having its head and neck twisted. THE CANADIAN PRESS

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Oath to the Queen of Canada 'repulsive'

Forcing would-be Canadians to pledge allegiance to the Queen before they can become citizens is discriminatory and a violation of their rights, three permanent residents are set to argue in court on Friday.

The Citizenship Act requires applicants for citizenship to swear or affirm they will be "faithful and bear true allegiance to Queen Elizabeth the Second, Queen of Canada, her heirs and successors."

The requirement "effectively bars" the applicants from enjoying citizenship rights such as voting or obtaining a Canadian passport given their constitutionally protected beliefs, their application to Ontario Superior Court states.

One of the applicants, Michael McAteer, says his father was persecuted in Ireland for supporting Irish independence.

"Taking an oath of allegiance to a hereditary monarch who lives abroad would violate my conscience," McAteer says.

Michael McAteer, one of three disgruntled would-be citizens. CHRIS YOUNG/THE CANADIAN PRESS

Simone Topey says swearing allegiance to the Queen — whom Rastafarians regard as the "head of Babylon" — would violate her beliefs.

Dror Bar-Natan maintains the Queen is a symbol of entrenched privilege and taking the oath would be "repulsive."

For its part, the federal government argues that the three are in Canada voluntarily, and their political and religious views enjoy constitutional protections.

That they cannot have the "convenience" of a Canadian passport or the right to vote is a small price to pay for adhering to their principles.

"It is not constitutionally inconsistent that the applicants who find Canada's foundational democratic political structure to be 'repugnant,' at least in parts, are not accorded the right to vote within that political system," it states.

"The inability to enjoy the benefits of citizenship ... are amongst the costs reasonably borne by individuals whose personal beliefs run counter to Canada's foundational heritage." THE CANADIAN PRESS

Decriminalization

Pot petition goes official in B.C.

An activist in B.C. has been granted approval to launch an official petition in an effort to decriminalize marijuana.

Elections BC will issue the petition on Sept. 9, after which Dana Larsen has 90 days to gather the signatures of 10 per cent of voters in each of B.C.'s ridings.

If he achieves that, a committee of the legislature could choose to either send the matter to the legislature for a vote or call a referendum.

THE CANADIAN PRESS

Drug trade. Canadian crooks dealing directly with Mexican mobsters

Canadian organized-crime groups have forged links with Mexican outlaws in an attempt to secure a direct supply of cocaine and increase their profits by eliminating the middleman, says the RCMP.

An internal analysis by the Mounties notes that since 2008 at least 10 Canadians have been shot or killed in Mexico under circumstances suggesting involvement with local criminal elements.

Some were known to be active in drug trafficking in Canada and all had extensive criminal backgrounds, says the RCMP analysis.

A copy of the May 2012 assessment — heavily censored — was released under the Access to Information Act.

The murder in Mexico of several Canadians with criminal connections may signal that Canadian disputes and retaliatory actions are making their way south — contrary to the popular perception that drug cartel frictions are migrating north, says the RCMP's companion report.

THE CANADIAN PRESS

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People hug outside an emergency shelter in Lac-Mégantic, Que., on Thursday. Some locals have fond recollections of their dealings with the train driver at the centre of the investigation. JACQUES BOISSINOT/THE CANADIAN PRESS

Train engineer a hero or criminal?

Lac-Mégantic disaster. Man hailed for valiant actions now suspended and under suspicion

His face gripped with terror, the train driver sprang out of bed at the inn where he'd retired for the night and raced to the scene of an impending catastrophe.

Residents of Lac-Mégantic, Que., painted a portrait Thursday of the friendly railman who chatted with locals during his regular stopovers in town.

An employee at the inn says she thinks she was looking into his eyes the instant he realized his unmanned, crude-oil-filled train had just slammed into the downtown core.

The train driver, Tom Harding, now finds himself at the centre of the investigation into a derailment disaster now feared to have killed 50 people.

His boss has said he could face criminal charges.

The chairman of the rail company has suspended Harding without pay amid concerns that he might not have properly applied the brakes on the tanker train.

The company had initially described Harding as a hero for apparently rushing to the scene where he managed to pull some of the explosive rail cars away from the flames.

A taxi driver met Harding on Friday night at the spot where he parked the train before it roared into town. He said his regular customer seemed fine.

However, Andre Turcotte did say that the train appeared to be belching out more smoke than usual, so much so that he recalled oil droplets from the exhaust landing on his car.

He said he asked Harding twice about the smoke. Turcotte said his client calmly responded that he had followed company directives to deal with it. THE CANADIAN PRESS

Leave him alone

"I imagine it's not his fault. In the meantime, he needs support — he doesn't need harassment.... And if it's his fault, listen, he will pay for it, for sure."

Taxi driver Andre Turcotte, who has transported engineer Tom Harding from the train to the inn once or twice a week for the last four months.

Updates

Locals head home as first victim named

Police released the first name of a victim on Thursday: 93-year-old Elianne Parenteau. Most of the bodies have not been found or identified.

Much of the local anger has been directed at the company, Montreal, Maine & Atlantic Railway.

Quebec Premier Pauline Marois called MMA's handling of the crisis "deplorable." The local mayor says she's angry at the company boss for cancelling a meeting with her.

Another 600 Lac-Mégantic residents are being allowed home. Quebec civil security spokeswoman Christine Savard said that means only about 200 people out of 2,000 who were forced out won't be back home as of Friday.

Top court to hear cell privacy case

Ottawa. Man arrested for armed robbery says police breached his rights by examining his phone

The Supreme Court of Canada is taking on the question of whether police can access information on a cellphone that isn't protected by a password.

The court has agreed to hear an appeal from Kevin Fearon, who was arrested after an armed robbery in Toronto in 2009.

Police obtained photos of a gun and cash, as well as a text message about jewelry, after taking a closer look at Fearon's phone, which was unlocked. After he was convicted, Fearon appealed, arguing that police breached his rights when they examined the phone after his arrest.

The Ontario Court of Appeal said it was all right for the police to look through the phone in a cursory fashion to see if there was evidence relevant to the crime, but after that they should have stopped to get a search warrant.

Had the phone been password-protected or otherwise locked to anyone other than its owner, "it would not have been appropriate" to look through the phone without a search warrant.

The appeal judges referred to a decision in a murder case in which the judge did not allow evidence from a personal electronic device because it "functioned as a mini-computer," which has a high expectation of privacy.

The contents of that device were only extracted by a police officer using specialized equipment, the judges noted.

"There was no suggestion in this case that this particular cellphone functioned as a 'mini-computer,' nor that its contents were not 'immediately visible to the eye,'" the court said in its ruling.

"Rather, because the phone was not password-protected, the photos and the text message were readily available to other users."

Defence lawyer Sean Robichaud said that approach failed to take into account the amount of information many people keep on their cellphones these days.

THE CANADIAN PRESS

No explanation

- As usual, the Supreme Court justices gave no reasons for agreeing to hear the case.
- Kevin Fearon also appealed over the issue of access to a lawyer, saying he was left in an interview room for five hours without an opportunity to contact counsel.
- The Supreme Court, however, said the appeal will be limited to the cellphone issue.

Direct access

K+S, Canadian Pacific sign deal to ship potash

K+S Potash Canada has signed a deal with Canadian Pacific Railway Ltd. to ship potash from its Legacy mine in Saskatchewan.

The Legacy mine, currently under construction northwest of Regina, is expected to start production by the end of 2016. Canadian Pacific plans to build an exclusive rail spur to provide direct access to the site. THE CANADIAN PRESS

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Royal souvenir makers ready for mad dash

It's a royal bonanza — but for Britain's souvenir makers, also a royal headache. The upcoming birth of Prince William and his wife Kate's first child is a golden opportunity that comes with a mystery: The name and gender of the baby.

While merchants have known for months that the future heir to the throne is due in mid-July, they'll be sent into a mad dash to create, or at least put finishing touches on, royal baby memorabilia.

Sophie Allport, a designer of fine bone china, is one manufacturer waiting for the future monarch's name to send her commercial plans into motion. She has thousands of pre-orders for hand-crafted commemorative mugs but can't fill them until the baby's name can be etched on the rims.

She's as ready as she can possibly be, having prepared both blue and pink designs depending on whether it's a prince or princess. THE ASSOCIATED PRESS

Plates to mark the forthcoming birth of a baby for Prince William and his wife Kate, Duchess of Cambridge, are on display in a London shop. SANG TAN/THE ASSOCIATED PRESS

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THE METRO LIST

Mike Benhaim
metronews.ca

1 **Pocketful o' change.** Stephen Harper's cabinet shuffle reminds me of a time when you could take a $50 bill and change it into a stack of $1 and $2 bills so that you felt a little bit richer. Even though you still only had $50.

2 **Cool cats.** Last December, a man in Windsor, Ont., was found with 155 dead cats in his freezer. This week, Jerry Miernecki pleaded guilty and was banned from owning more than one animal, which must be spayed or neutered. And one year probation, because they'll want to keep an eye out for odd behaviour.

3 **Miseducation.** Remember Lauryn Hill? The reclusive Fugees star left showbiz in 2000 due to the overwhelming pressure, but collected over $1.5 million US in royalties between 2005 and 2007 for which she failed to file income tax. Hill is serving a three-month prison sentence, followed by 90 days of house arrest concurrent with one-year parole. And, on top of that, all of her pets must be spayed or neutered.

4 **Ice, ice baby.** Homegrown cutie, Elisha Cuthbert, married Maple Leafs' captain Dion Phaneuf this week. Women across the country talked and tweeted about how beautiful she looked in her dress, while male hockey fans imagined the opposite.

5 **Go West.** Following Armenian religious tradition, Kim Kardashian is keeping herself and Baby North at home for 40 days, or as she puts it, half a marriage-length.

6 **Boo who?** Honey Boo Boo's back. Regular and scented. Scratch and sniff cards courtesy of People magazine and US Weekly let viewers follow their noses from pageant to trailer park. Hey, say what you like but TLC understands marketing to the lowest common denominator. Still, what I've seen provides a pretty good sense of what the show smells like already.

7 **King's crown.** This week in 1954, a 19-year-old employee of The Crown Electric Company in Memphis, Tenn., gave his notice after signing a contract with Sun Records. Elvis had previously been told by local auditioners to keep his day job. He would arguably become the most influential cultural icon of the 20th century. And yet, right now there are young readers saying, "Elvis who?"

8 **Sultans of spin.** Are you the best DJ in town? How about the country? If you said, "Hells Yeah!", go to redbullthre3style.com to upload your set by July 27. Those chosen will compete across the country in September for a chance to play at the Canadian Thre3style Finals in Calgary in October. Champs get a crazy week in Toronto for the World Finals! Grab a Red Bull and follow the action.

9 **Unsilent moment.** Last year, Canadian indie band The Mark Inside gathered at the Toronto loft of vocalist/lyricist Chris Levoir for the indefinite task of composing and recording their third album. Forces aligned creating the sense, personally and artistically, that their most meaningful work had taken shape. Last month, that inspired journey turned bittersweet as the release of Dark Hearts Can Radiate White Light, eerily coincided with Levoir's unexpected death. Visit soundcloud.com/themarkinside to download with loving support to family and friends. Peace.

Follow The Metro List on Twitter @TheMetroList

ZOOM

Perseverance powers helicopter

AEROVELO/HANDOUT/THE CANADIAN PRESS

Toronto team takes international prize

Two Toronto engineers have just finished setting up their prize-winning helicopter that is powered by Todd Reichert's powerful legs pedalling a bicycle.

Since 1980, a challenge to engineers across the world — to build a human-powered helicopter, capable of sustaining three metres of flight for 60 seconds — had remained unclaimed.

Teams of engineers from Japan to the U.S. came close, but not close enough. Only Reichert's team has fulfilled the seemingly impossible feat, earning it a $250,000 prize Thursday. The award-winning flight took place in June, after 18 months for the University of Toronto alumni to build and fine tune the project. TORSTAR NEWS SERVICE

Pedal to the 'medal'

"This isn't something that you're going to commute to work in ... but it's an exercise in pushing the limits on what's physically possible, and what you can do with lightweight materials and design."

Todd Reichert

Specs

- It measures nearly 47 metres across, but is also surprisingly light for its size, at just 54 kilograms.
- The lightweight nature of the frame, made largely of carbon fibre tubes that connect four rotors to a central bike, is a necessity.

Clickbait

HANNAH ZITNER
hannah.zitner@metronews.ca

Crowdfunding site Kickstarter is making its way across the border later this summer — but just 'cause us Canucks can't start our own funding projects yet, doesn't mean we can't contribute. Since Kickstarter is generally home to the nerdy entrepreneur, we sorted through what new tech they're coming up with. (So you don't have to. You're welcome.)

Plug:

With files stored all over the place from the cloud to your smartphone to your laptop, plug aims to centralize all your info — the brain of your personal info operation if you will. $69 on Kickstarter, $150 retail once it's made.

Wrist Charge:

No more missed texts from dead phones. No more tangled wires. Wrist Charge looks like one of the slash bracelets from the 90s (these ones aren't fluorescent, don't worry) and uses any USB port. $15 on Kickstarter, $29.99 retail.

C.24 Music Keyboard for iPad:

You might not *need* your iPad to turn into a keyboard, but you might as well. This keyboard acts as a case for the iPad and with the flip of a lever it turns into a piano keyboard. $99 on Kickstarter.

Letters

RE: Narcissism? At The Gym? Obvi, published July 9

Jessica Napier's constant topic is herself/her life (maybe that's her job - ?), her most-used word seems to be "I."

She thinks "a little bit" of narcissism is OK but, like being pregnant, you're either a narcissist or you're not.

She may want to reacquaint herself with the actual myth.

Alex Lutz, London

WE WANT TO HEAR FROM YOU:
Send us your comments: reginaletters@metronews.ca

metro

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SCENE 2

Synopsis

Grown Ups 2 picks up where the last movie left off. Lenny (Adam Sandler in his first ever sequel) has relocated his wife (Salma Hayek) and kids back to his hometown to be closer to friends and family. It's the last day of school, and as the kids are packing up their books, their fathers (Kevin James, Chris Rock, David Spade) grapple with growing up, growing old and a gang of frat boys (lead by Twilight's Taylor Lautner) who think the four old friends are way over the hill.

- Richard: ●●○○○
- Mark: ●●○○○

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

Adam Sandler's comedy Grown Ups 2 opens this weekend. HANDOUT

It's more number two than it is number one

New movie. In the sequel to Grown Ups, the comedy doesn't grow into anything and remains a series of juvenile jokes and potty humour

Richard: Mark, the old saying, "They got bigger, but they didn't grow up," perfectly applies to this new Sandler and Company movie. It's 90 minutes of middle-aged men, urination gags (too many to count) and cleavage shots. So while the actors may have matured (chronologically at least) the jokes haven't. Question is: is it funny? I didn't really think so, although I have to say Shaquille O'Neal's big-guy-Andre-the-Giant shtick made me laugh. You?

Mark: No, I didn't laugh. But let's examine the inventory. Chris Rock may be the funniest stand-up working today, but as a movie star, he's never done anything much worthwhile.

David Spade: Tommy Boy was a long time ago.

Sandler: Well, I only find him funny when he's trying to be serious.

There is only one movie genius here — I'm not kidding — and it's Kevin James. He's the only one of the bunch that can convincingly play a regular guy and not come off like a slumming millionaire. And even then, not in this turkey.

Also you might have to wonder about any sequel that Rob Schneider passes on.

RC: I wondered where Schneider's character was. I guess some friendships don't last forever. I can't say I didn't laugh at all.

James' deadpan dumb kid who can't add or spell is a pretty funny running gag but for a movie about growing up, it was all so juvenile. I didn't expect a searing meditation on aging but I did think they might touch on the fact that they were growing old with more smarts than lines like, "I used to buy 10 cases of beer for my parties, now I get 10 cases of juice boxes."

MB: A good line. I snorted in recognition. And I grudgingly laughed a bit at a few sight gags, like the exploding life raft and some of the '80s outfits at the party finale. But generally, the humour aims too low. But I liked it — if I can use the word — more than the first one. At least it had some nice callbacks and weird twists of coincidence. And it had a lazy summer quality about it, probably the result of lazy screenwriting, acting and direction.

RC: I like silly movies, I just wish it was silly and about something other than a moose urinating on Sandler's unsuspecting family, and by extension, the audience.

MB: We should all feel lucky. In the first draft of the script, it was the other way around.

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Science Fiction

Pacific Rim

Director. Guillermo del Toro

Stars. Charlie Hunnam, Idris Elba, Rinko Kikuchi

●●●●○

Director Guillermo del Toro has made an end-of-the-world scenario fun. In Pacific Rim the planet is threatened by Kaijus, colossal beasts with an appetite for destruction. Giant robots called Jaegers, operated by pilots like Raleigh Becket (Charlie "Sons of Anarchy" Hunnam) are the last hope to fight the beasts and save the world. Add to that Ron Perlman in a colourful cameo, huge-scale martial arts and some crazy Roger Corman-esque science theories and you have a geek freak-out that transports you back in time to wherever you saw your first Godzilla movie.
RICHARD CROUSE

Drama

Renoir

Director. Gilles Bourdos

Stars. Michel Bouquet, Christa Theret

●●●○○

This biopic focuses on famous Impressionist painter Pierre-Auguste Renoir and his legendary filmmaker son Jean Renoir during the height of the First World War. When a model mysteriously arrives at the family estate, she becomes the (persistently naked) muse of both father and son. Renoir may have a slightly staid sense of momentum but an accomplished cast and gorgeous photography lend itself to this tribute to two of France's celebrated geniuses.
STEVE GOW

Get ready for summer's hottest comic geek-fest

Comic-Con. The annual event showcases the latest in film, TV and general geekery

NED EHRBAR
Metro World News in Hollywood

July means one thing for the entertainment industry: Comic-Con. Here's what we're geeking out over this year at the annual pop culture smorgasbord in San Diego.

Marvel: The comic book movie juggernaut never ceases to impress in San Diego, and hopefully this year will be no different. We're looking for updates on Avengers 2 as well as the upcoming Captain America and Thor sequels. Plus, wouldn't it be awesome if they brought out the whole cast of Guardians of the Galaxy, their bizarre new super-team movie?

X-Men: Days of Future Past: It feels like it's been forever since Fox has mounted a Hall H presentation for Comic-Con, but this year they're back. Mum is the word on what will be presented, but we have it on good authority something will be done to celebrate the impending release of the Wolverine. More importantly, we're hoping for an update from Bryan Singer on his return to the X-Men franchise.

Godzilla: With Pacific Rim putting giant, city-destroying monsters back in people's minds, the time is right to re-introduce the original kaiju, Godzilla. The reboot, starring Aaron Taylor-Johnson, Ken Watanabe and Elizabeth Olsen, has just started filming, so hopefully there will be some monster-sized surprises in store.

Agents of S.H.I.E.L.D.: We may have to wait until summer 2015 for Avengers 2, but Marvel is helping make that wait go faster with this TV spin-off, overseen by Joss Whedon himself. It's easily our most anticipated show of the fall season. And maybe we'll finally learn how Clark Gregg's Agent Coulson — who appeared to have perished in the Avengers — factors into the new show.

Agents of S.H.I.E.L.D. CONTRIBUTED

Doctor Who: We're halfway through the venerable British sci-fi series' 50th anniversary, so expect big things — especially with current Time Lord Matt Smith bowing out later this year. That makes this his last Comic-Con as Doctor Who.

Conjuring up some old-school horror

When it comes to discussing contemporary horror movies, "restraint" isn't usually a word that comes up too often.

But it's one that actor Patrick Wilson keeps coming back to when describing how director James Wan (Saw, Insidious) approached The Conjuring, based on a case file by real-life paranormal investigators Ed Warren (Wilson) and Lorraine Warren (Vera Farmiga).

The irony doesn't escape Wilson that Wan is at least partially responsible for the current state of horror, but against that backdrop, The Conjuring — presented as if it were released during its early 1970s setting — is a throwback in the best possible way.

Patrick Wilson (far left) stars in the Conjuring. CONTRIBUTED

This movie is seriously terrifying.
Yeah, the movie's no joke. I watched it again last night, and my friend who was with me — who had also seen it with me before — jumped more this time than he did the other time. I kept looking over at him like, "But you know what's coming." I would even look at him right before something happened, and he would look at me like, "I know," and then he'd look back at the screen and he'd still jump.

There's a lot of restraint in how the film sticks to its time period, feeling very much in mood and style like a 1970s film.
James said that to me very early on. It was the '70s without hitting people over the head — with bell bottoms or an episode of Partridge Family or something. Yeah, it's in the '70s and you've got '70s clothes, and you've got the odd "groovy" that the kids say — which they would — and I think it gives people a little frame of reference, but it's not blatant.

It's refreshing to see the older style of making scary movies is still effective.
No disrespect to horror movies from the past 15 years, but when people say, "What are the great horror movies?" you're always drawn to the Exorcist — that movie always comes up as one of maybe three or four that are arguably the best. Those are movies that are rich in character and not overly graphic. The violence is used appropriately, the blood is used appropriately. And I think James has a real affinity for that, which I always admired, especially coming from Saw. He almost started this whole movement, I feel like, with the shock and the gore and everything. But one of the things that struck me about (our previous collaboration) Insidious was the complete opposite of that. And now he's just really hit his stride. NED EHRBAR/METRO

Mind the App

Backseat Driver

iPhone
Free

MIND THE APP
Kris Abel
@RealKrisAbel
scene@metronews.ca

From Toyota comes this GPS system for kids that allows them to follow the movements of your car with their own, collecting landmarks from the places you pass for prizes.

Angelina Jolie

War, what is it good for? An Angelina Jolie movie, apparently

Angelina Jolie has her second project as a director all lined up. The actress and activist will be taking on Unbroken, a Second World War drama about former prisoner of war Louie Zamperini, according to Yahoo News. "I've had the privilege of spending a great deal of time with Louie Zamperini, who is a hero of mine, and now — I am proud to say — a dear friend," Jolie says in a statement. "I am deeply honoured to be telling his extraordinary story, and I will do my absolute best to give him the film he deserves." Oscar-winners Joel and Ethan Coen are writing the script, and Jolie was spotted in Hawaii this week scouting locations. Jolie's first film as a director, In the Land of Blood and Honey, was released in 2011.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

King of Queens star leaves Church of Scientology

MELINDA TAUB
Metro World News in New York City

King of Queens and The Talk star Leah Remini has left the Church of Scientology. Apparently Remini, who has been a member of the church for many years, grew tired of the organization's habit of cutting off ties with people it deems "suppressive."

"It all began when Leah questioned the validity of excommunication of people," a source told the Post. "She is stepping back from a regime she thinks is corrupt. She thinks no religion should tear apart a family or abuse someone under the umbrella of 'religion.'" Apparently, at Tom Cruise and Katie Holmes's wedding, the actress asked politely where church leader David Miscavige's wife was. It must have been a loaded question, because Remini was slammed with years of "thought modification." Remini is reportedly considering going public, but wants to wait and see what the church is going to do, since they're rumoured to harass those who try to leave.

LeAnn Rimes

LeAnn laughing her ass off at pregnancy rumours

Country singer LeAnn Rimes finds Star magazine's claims that she's expecting a baby with husband Eddie Cibrian hilarious. "(Laughing my ass off,) Star magazine," she tweeted in response to the story. "I don't know if you (doctor) the pics or pick the worst one you can find, but I'm far from pregnant and just dropped a jean size."

Twitter

@Amanda Bynes
drake is stunning

@EmmaBunton
Good morning, not a great start to mine. I'm late and I've forgotten my make up!

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THESE PAGES COVER MOVIE START TIMES FROM FRI., JULY 12 TO THURS., JULY 18 TIMES ARE SUBJECT TO CHANGE.

Southland Mall
3025 Gordon Rd.

Despicable Me 2 (G) Fri-Thu 12:50
Despicable Me 2 3D (G) Fri-Thu 3:40-6:40-9:20
Four Sisters and a Wedding (G) Fri-Thu 1:20-4:15-7:20-10:20
Grown Ups 2 (PG) Fri-Tue 12:30-3-5:30-8-10:30 Wed 4:10-7:15-10:10 Thu 12:30-3-5:30-8-10:30 Star & Strollers Screening, Wed 1
The Heat (14A) Fri-Tue 1:10-4:45-7:30-10:25 Wed 1:10-4:45-7:40-10:25 Thu 1:10-4:45-7:30-10:25
The Lone Ranger (PG) Fri-Thu 12:25-3:50-7-10:15
Man of Steel 3D (PG) Fri-Thu 12:20-3:30-6:50-10
Monsters University (G) Fri-Thu 4:25
Monsters University 3D (G) Fri-Thu 1:30-7:05-9:40
Now You See Me (PG) Fri-Tue 1-4-7:45-10:35 Wed 1-4-10:35 Thu 1-4-7:45-10:35
Pacific Rim (PG) Fri-Thu 12:40-4:30-7:40-10:40
Venus and Serena (PG) Wed 7:30
World War Z 3D (14A) Fri-Thu 1:50-5-7:55-10:45

Galaxy Cinemas Normanview S.C.
420 McCarthy Blvd. N. Unit

African Cats (G) Sun 12:45
Annie (STC) Thu 7
Chimpanzee (G) Wed 11
The Conjuring (14A) Thu 8-10:35
Despicable Me 2 (G) Fri 1:55-4:25-6:55-9:25 Sat 11:25-1:55-4:25-6:55-9:25 Sun 1:55-4:25-6:55-9:25 Mon-Wed 1:55-4:25-6:55-9:20 Thu 1-3:30-6:55-9:30
Despicable Me 2 3D (G) Fri-Sat 12:05-2:35-5:05-7:30-10 Sun 12:10-2:35-5:05-7:30-9:55 Mon-Tue 2:35-5:05-7:30-9:55 Wed 11:20-12:05-2:35-5:05-7:30-9:55 Thu 1:30-4
Grease (PG) Sat 12:45
Grown Ups 2 (PG) Fri-Sat 12:30-3-5:30-8-10:30 Sun 12:30-3-5:30-7:55-10:20 Mon-Thu 12:35-3-5:30-7:55-10:20
The Heat (14A) Fri 2:15-5-7:45-10:35 Sat 11:30-2:15-5-7:45-10:35 Sun-Tue 2:15-5-7:45-10:25 Wed 11:30-2:15-5-7:45-10:25 Thu 2:15-5-7:45-10:25
Kung Fu Panda (G) Sat 11
The Lone Ranger (PG) Fri 12:20-3:40-7-10:20 Sat 1-3:40-7-10:20 Sun 12:20-3:40-7-10:15 Mon-Wed 12:30-3:45-7-10:15 Thu 12:30-3:45-7-9:35
Monsters University (G) Fri 4:15 Sat 4:20 Sun-Thu 4:15
Monsters University 3D (G) Fri 1:35-7:10-9:50 Sat 11-1:35-7:10-9:50 Sun-Tue 1:35-7:10-9:45 Wed 11-1:35-7:10-9:45 Thu 1:35-7:25
Pacific Rim 3D (PG) Fri-Thu 4:35 Fri-Sat 1:30-7:40-10:45 Sun-Wed 1:30-7:40-10:35 Thu 1:20-7:40-10:35
R.I.P.D. 3D (PG) Thu 10:05
Red 2 (PG) Thu 7:05-9:50
This Is the End (18A) Fri-Sat 12:10-2:55-5:25-7:55-10:25 Sun 4:50-8-10:30 Mon-Tue 2:55-5:25-8-10:30 Wed 12:15-2:55-5:25-8-10:30 Thu 2:55-5:25
Turbo (G) Wed 11:55 Thu 2:20
Turbo 3D (G) Wed 2:20-4:45-7:15-9:40 Thu 4:45-7:15-9:40
White House Down (14A) Fri 1:10-4:10-7:15-10:15 Sat 4:15-7:15-10:15 Sun 12:35-2:50-9:35 Mon-Tue 1:10-4:10-7:15-10:10
World War Z 3D (14A) Fri 2-4:40-7:25-10:10 Sat 11:15-2-4:40-7:25-10:10 Sun-Wed 2-4:40-7:25-10:05 Thu 1:05-3:50-10:15
WWE Money in the Bank - 2013 (STC) Sun 6

Kramer IMAX Theatre
2903 Powerhouse Dr.

Flying Monsters 3D (STC) Fri-Sun 1-7 Mon 11-2:15-4:45 Tue 1-2:15-4:45-8:15 Wed 2:15-4:45-8:15 Thu 1-2:15-4:45-8:15
Iron Man 3: An IMAX 3D Experience (PG) Fri-Sun 3:30-8:15
Rocky Mountain Express (STC) Fri 11-2:15 Sat-Sun 2:15 Mon 1-3:30 Tue 11-3:30-7 Wed 11-1-3:30-7 Thu 11-3:30

Golden Mile
3806 Albert St.

The Company You Keep (PG) Fri-Thu 4-9:20
The Croods (G) Fri-Thu 1:15-4:05-6:50-9:20
Epic (G) Fri-Thu 1:25-4:05-6:35-9:05
Fast & Furious 6 (14A) Fri-Thu 1:10-3:45-6:35-9:15
The Hangover Part III (14A) Fri-Thu 1:15-3:50-6:40-9:15
The Internship (PG) Fri-Thu 1:25-3:50-6:40-9:15
Mud (PG) Fri 1:20-3:45-6:30-9:10 Sat 1:20-3:45-9:10 Sun-Thu 1:20-3:45-6:30-9:10
Renoir (PG) Fri-Thu 1:25-6:45
Singam II (STC) Sat 6:30
Star Trek Into Darkness (PG) Fri-Thu 1:10-3:45-6:30-9:10

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The Angels' Share (14A) Fri 9:15 Sat 7 Sun 9:15
Graceland (STC) Thu 9
No Films Showing Today (STC) Mon-Tue
A Royal Affair (14A) Fri 7 Sat 9 Sun 7
The Sapphires (PG) Thu 7
Wednesday Plus (STC) Wed 7

A crispy nacho is a happy (tasty) nacho

Corn and Steak Grilled Nachos. When they're nuked in the microwave, these little guys die a soggy death. Save a nacho from this sad ending with your barbecue

Before turning on the grill, make sure the baking sheet you plan to use fits on it with the lid down. If it doesn't, you can divide the ingredients into multiple smaller pans. The smaller pans also can be cooked in batches, if needed.

1. In a medium bowl, whisk together the adobo sauce, tomato paste, oil, garlic powder and salt. Add the steak and mix to coat thoroughly. Cover and refrigerate for at least 20 minutes and up to overnight.

2. When ready to cook, heat the grill to medium-high.

3. Rub the corn with a bit of canola oil, then set it on the grill. Cook the corn, turning often, until lightly browned on all sides, about 2 to 3 minutes. Transfer the corn to a plate and set aside until cool enough to handle.

4. Meanwhile, use an oil-soaked paper towel held with tongs to coat the grill grates with oil. Add the steak and grill for 1 to 2 minutes per side, or to desired doneness. Transfer to a plate and set aside. Leave the grill on, but reduce the heat to low.

5. Arrange the tortilla chips in an even layer on a rimmed baking sheet. Spread the steak evenly over the chips.

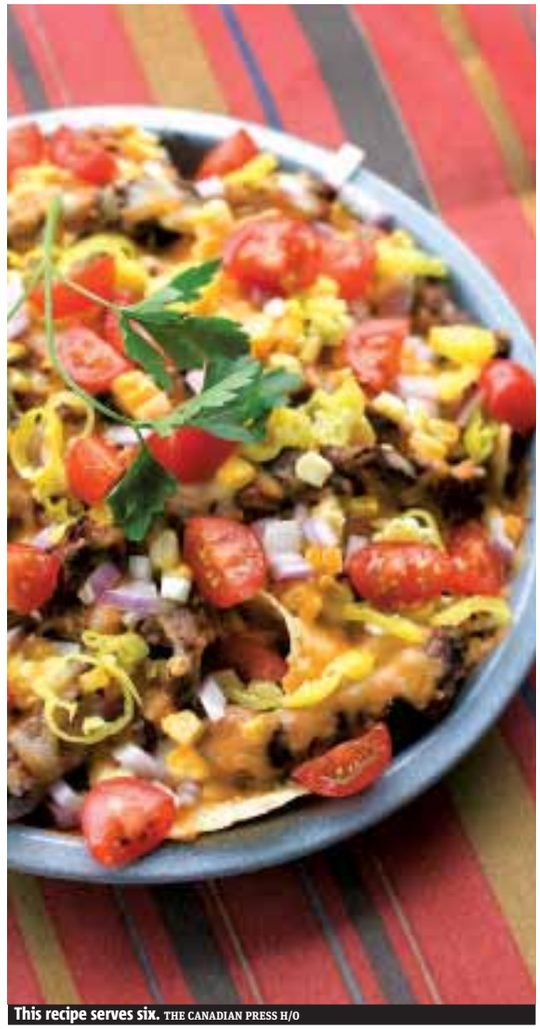
6. Cut the corn kernels from the cobs. To do this, stand the ear on its wide end, then use a knife to saw down the length of the sides. Scatter the corn kernels over the steak and chips, then scatter the cheese over that. Set the baking sheet on the grill, cover the grill and cook for 7 to 10 minutes, or until the cheese is melted.

7. Remove the baking sheet from the grill, then scatter the tomatoes, pepperoncini and diced onion over the other toppings. Serve immediately.

THE ASSOCIATED PRESS

Ingredients

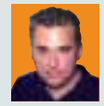
- 3 tbsp adobo sauce (from a can of chipotle chilies in adobo)
- 3 tbsp tomato paste
- 3 tbsp canola, plus extra
- 1 tsp garlic powder
- 1 tsp kosher salt
- 9 oz beef sirloin, thinly sliced (can substitute pre-sliced "stir-fry" beef)
- 1 ear corn, husked
- 11-oz bag corn tortilla chips
- 1 cup grated cheddar cheese
- 1/2 pint cherry tomatoes, cut into quarters
- 1/3 cup pepperoncini, stemmed and thinly sliced
- 1/2 small red onion, diced



This recipe serves six. THE CANADIAN PRESS H/O

Liquid Assets

Staple of summertime



LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

Sorry, spirit fans, you don't have the monopoly on mixology. Innovative wine lovers have been adding extras to vino for centuries, creating inspired alternatives to drinking it neat.

The Spanish came up with the idea of sangria: A blend of red wine, liqueur and fruit named after their term for blood because of its dark colour. Arguably the first wine cooler, Canadians are just cluing in to how easy it is to make — not to mention how well it goes with summer menus.

My basic recipe is meant to be played with, so have fun experimenting. Use whatever fruit turns you on (I start with watermelon, blueberries and raspberries) and an inexpensive Spanish red or a value-priced, fruit-forward alternative like Lindeman's juicy 2012 Cawarra Shiraz Cabernet ($8.95 to $10.99) from Australia.

Peter's Simple Sangria:

- Ice cubes
- 750 ml chilled red wine
- 100 ml orange liqueur
- 500 ml gingerale
- 200 ml lemonade
- Fruit
- Sugar

Grab a clear glass pitcher and toss in some ice cubes. Add all the liquids, then the fruit. Stir. Give it a sip and add sugar to taste. Enjoy!

PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.

No mashing required

1. In a large sauté pan, heat 30 ml (2 tbsp) of the oil. Add ground beef, red pepper and onion and cook over medium heat until meat is almost fully cooked.

Ingredients

- 250 ml (1 cup) vegetable oil
- 225 g (1/2 lb) ground beef
- 1/2 each red pepper, onion cut in medium dice
- 5 ml (1 tsp) cumin
- 10 ml (2 tsp) dried oregano
- 5 ml (1 tsp) paprika
- Chili flakes and salt, to taste
- 4 russet potatoes, crinkle cut or thinly sliced
- 250 ml (1 cup) grated cheddar cheese
- 1/2 tomato cut in medium dice
- 125 ml (1/2 cup) chopped cilantro
- Sour cream, salsa and guacamole

2. Add cumin, oregano, paprika and chili flakes and continue cooking for 2 minutes; set aside.

3. In sauté pan, heat remaining vegetable oil over medium-high heat. When oil is hot, fry potato slices until crispy. Remove from oil, drain on paper towels and season with salt.

4. Lay potato chips overlapping in a single layer on a baking pan lined with parchment paper. Top with ground beef mixture and cheddar cheese; bake in a 180 C (350 F) oven until cheese is melted.

5. Remove from oven and top with tomato and cilantro. Serve with a side of sour cream, salsa and guacamole.

THE CANADIAN PRESS/ PRINCE EDWARD ISLAND POTATO BOARD

This Potato Nachos recipe serves four. THE CANADIAN PRESS H/O

Kovalchuk walks away from deal with Devils

NHL. Russian sniper retires to return home; 12 years, $77M left on big contract

Ilya Kovalchuk is retiring from the NHL after just the third year of his 15-year $100-million contract. GETTY IMAGES FILE

When the New Jersey Devils signed Ilya Kovalchuk to a contract that eventually became a 15-year deal worth $100 million US, it stunned the NHL.

But that was nothing compared to Kovalchuk's decision to retire and walk away from the final 12 years and $77 million of it.

Kovalchuk's announcement Tuesday to return home to Russia came several months after the superstar considered staying there in the wake of the NHL lockout. The 30-year-old said in a statement that he has thought for a long time about moving home for good.

"Though I decided to return this past season, (general manager Lou Lamoriello) was aware of my desire to go back home and have my family there with me," Kovalchuk said. "The most difficult thing for me is to leave the New Jersey Devils, a great organization that I have a lot of respect for, and our fans that have been great to me."

Kovalchuk had 417 goals and 399 assists in 816 games over 11 NHL seasons spent with the Atlanta Thrashers and Devils. He was the first overall pick of the Thrashers in 2001 and was a face of that franchise before being traded to New Jersey in 2010.

"After many conversations with Ilya over the past year on his desire to retire from the National Hockey League, Ilya's decision became official today," Lamoriello said in a statement. "On behalf of the entire organization, I wish Ilya and his family all the best in their future endeavours."

Kovalchuk is free to play in Russia's Kontinental Hockey League and reports from Russian news agencies indicated he will officially sign with SKA St. Petersburg on Friday.

Kovalchuk's original deal with the Devils was for 17 years and $102 million. It was ruled cap circumvention by the NHL because Kovalchuk would have been 44 years old when it was over.

The Devils must forfeit their 2014 first-round pick as punishment for the circumvention after they opted to keep their selections in 2012 and 2013. They will also be charged $250,000 against the salary cap through 2024-25 as a result of Kovalchuk's retirement.

The rest of the nearly $6.7-million hit will come off New Jersey's cap. The Devils lost winger David Clarkson in free agency but re-signed Patrik Elias and Dainius Zubrus earlier this off-season.

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$77M left on the table

Here are the remaining yearly salary amounts Ilya Kovalchuk will be giving up:

2013-14: $11,300,000
2014-15: $11,300,000
2015-16: $11,600,000
2016-17: $11,800,000
2017-18: $10,000,000
2018-19: $7,000,000
2019-20: $4,000,000
2020-21: $1,000,000
2021-22: $1,000,000
2022-23: $1,000,000
2023-24: $3,000,000
2024-25: $4,000,000

Tour de France

Kittel beats Cavendish to line for Stage 12 win

Marcel Kittel overtook Mark Cavendish at the line to win the 12th stage of the Tour de France on Thursday, while Chris Froome avoided a late crash to protect his big lead.

Cavendish attacked first but Kittel's late burst got him to the finish first by half a wheel to earn his second stage win in three days, and third of this race.

"As we say in Germany, good things come in three," Kittel said. "It was a real sprint today, that's why I'm so happy."

German riders have won five stages so far — with Tony Martin winning Wednesday's time trial and Andre Greipel also winning a sprint stage.

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MLB

Jeter makes his return to Yankees

Derek Jeter was back, and the New York Yankees felt a whole lot better.

At least until he needed to make an early exit.

The Yankees captain singled on his first pitch of the season, then was pulled for a pinch-hitter in the eighth inning with a tight right quadriceps in an 8-4 victory Thursday over the Kansas City Royals.

"It's just stiff," he said. "We'll find out tomorrow."

Jeter scored a run and went 1-for-4 with an RBI groundout as the designated hitter in his return from a nine-month layoff from a broken ankle.

THE ASSOCIATED PRESS

Indians rookie pitcher mows down Blue Jays

Blue Jays right-fielder Jose Bautista fails to snag a ball hit by the Indians' Carlos Santana on Thursday in Cleveland. TONY DEJAK/THE ASSOCIATED PRESS

R.A. Dickey's knuckleball can be puzzling. Same for the Blue Jays.

Expected to contend this season in the AL East, Toronto was held to two hits by rookie Danny Salazar — making his big-league debut — and the Blue Jays lost 4-2 to the Cleveland Indians on Wednesday.

After winning 11 straight, the Blue Jays have gone 6-11 and remain stuck in last place in arguably baseball's toughest division.

"We're around that edge," manager John Gibbons said. "We've got to start winning some games."

Dickey (8-10) was in control for five innings, but the right-hander lost command of his tricky pitch in the sixth, when he hit a batter, walked two and gave up an RBI single to Lonnie Chisenhall. A year ago at the All-Star break, Dickey was 12-1 and on his way to winning the NL Cy Young Award.

This season, he's never been dominant and has only recently been effective.

"The last four or five weeks I've really felt good," Dickey said. "I've had one rough start in there, but other than that I've really been good as far as the way I've felt. I anticipate a pretty strong (second) half."

Salazar pitched six superb innings — he held Toronto without a hit for the first five — allowing just one run.

THE ASSOCIATED PRESS

On the mend

Blue Jays outfielder Melky Cabrera (sore left knee) will begin a rehab assignment Friday with the Bisons. He's been on the DL since May 27.

Horoscopes

♈ Aries
March 21 - April 20
You are not usually the trusting sort but you seem determined to see only the best in people today. Good for you but don't believe everyone.

♉ Taurus
April 21 - May 21
You have so much work to finish before the weekend that you may be at a loss to know how to get it all done. Don't worry, the planets will provide. All you have to do is make a start and then keep going.

♊ Gemini
May 22 - June 21
Wherever you go and whatever you do today people will greet you like a long lost friend. You must be doing something right to get this kind of response, so carry on.

♋ Cancer
June 22 - July 23
It seems you have been rather obsessive about someone. For some reason you have been thinking about this person night and day. Is that healthy? Probably not. Think about something else.

♌ Leo
July 24 - Aug. 23
Friends will rally around and make life easy for you today. What have you done to deserve this kind of assistance? Probably nothing much but you do have a knack for attracting people.

♍ Virgo
Aug. 24 - Sept. 23
It might be wise to leave your credit card at home today because if you use it once you won't know when to stop. Use cash only and limit yourself to a certain amount. If you haven't got enough, too bad.

♎ Libra
Sept. 24 - Oct. 23
People you do business with today may not be talkative but from the look in their eyes and the way they position themselves, you will know what they are thinking. You read body language so well.

♏ Scorpio
Oct. 24 - Nov. 22
It's good to be open-minded but that does not mean you can allow people with silly theories to waste your time. The Sun in Cancer promotes broader thinking but some thinking is too outrageous to take seriously.

♐ Sagittarius
Nov. 23 - Dec. 21
No matter how vulnerable you may feel at the moment, you need to be around people because it is only through personal contact that you can rise above this negative phase.

♑ Capricorn
Dec. 22 - Jan. 20
Make a point of being calm today because what happens over the weekend will try your patience to the limit.

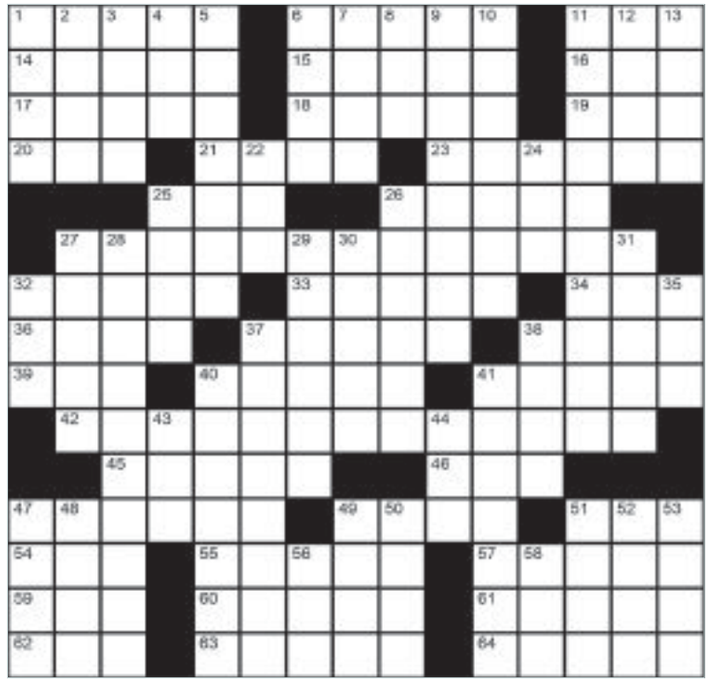
♒ Aquarius
Jan. 21 - Feb. 19
You are desperate to be on the move and will be impatient with people who think or act too slowly. Your journey will be a lot more pleasant if you relax and stop looking at your watch so often. Time doesn't matter.

♓ Pisces
Feb. 20 - March 20
If you are confused about something, you must speak up. There is nothing wrong in admitting that you don't "get" it and it's unlikely you are the only one. You will be doing people a favour. **SALLY BROMPTON**

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

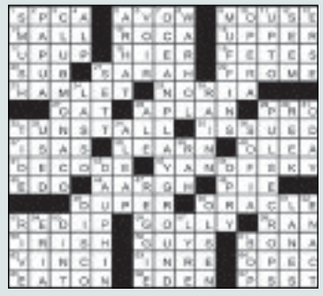
BY KELLY ANN BUCHANAN



Across
1. Gig at a party or nightclub
6. Shines
11. T.O. Raptors home venue
14. Ici __-Canada
15. Persian Gulf emirate
16. Paul Simon's Roy needn't be this
17. Canadian food company since 1917 specializing in Mediterranean-style products
18. Nirvana's "About _ __"
19. Big time
20. Earthy prefix
21. Prohibitionists
23. Bryan Adams hit
25. "Letters from __ Jima" (2006)
26. Sort or style
27. Sports milieu for The Andretti Family: 2 wds.
32. Ancient theatre
33. Chuck Berry's "Johnny B. __"
34. __ kwon do
36. "__ have to do."
37. Particular puzzle
38. Modes of transport, commonly
39. Vegas opener
40. Walking sticks
41. Vendor's items
42. Architectural style of the Parliament Buildings: 2 wds.
45. Cam __ (Hockey great born in Comox, BC)
46. Consumed
47. Julius __
49. Sporty prop
51. US org. in recent headlines
54. Un-new
55. House parts
57. Alberta town est. 1911
59. Towel holder
60. Ms. Turner's
61. Actress Ms. Blair
62. Lock unlocker
63. Decree
64. Use a broom

Down
1. Narcotic
2. Barenaked Ladies song
3. Prefix to 'syncrasy' (Mannerism)
4. Ms. Kidman, to pals
5. April Wine frontman, Myles __
6. Hello, to Crocodile Dundee
7. Carries with effort
8. __-Wan Kenobi
9. Explosive parts on missiles
10. Quietude
11. Jim Carrey role: 2 wds.
12. Apple's inner
13. Printer's colour
22. Mythical bird
24. Tycoon Mr. Onassis, to pals
25. Graven image
26. Sharp-tailed __ (Saskatchewan's provincial bird)
27. Suitcase attachment, _ _ _
28. Actor who famously played a Mountie in "Rose-Marie" (1936): 2 wds.
29. CSA = Canadian Space __
30. Dressing gown creator, perhaps
31. Judge's prop
32. "Dallas" moneymaker
35. 'Count' suffix
37. "Canadian __ Trilogy" by Gordon Lightfoot
38. Economize
40. "Ocean's Twelve" (2004) star, Don __
41. __ Bay, Nfld.
43. Real life "Lawrence of Arabia" (1962) character Mr. Lawrence, et al.
44. Mr. Kilmer
47. Wine bottle plug
48. Moisturizer ingredient
49. Bric-a-__
50. Li'l helper
51. Strait of Belle __
52. Italy's capital
53. Piece of cake
56. Clandestine maritime org.
58. Mountain __ (Soft drink)

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

		2	9			3	5	
1						4		2
	3			7				6
	5				6	7		
			3		8			
		1	5				8	
7				8			6	
4		3						1
	1	6			5	9		

Yesterday's Sudoku

1	4	5	3	9	2	7	6	8
9	7	6	5	8	4	3	1	2
2	3	8	6	7	1	4	9	5
6	5	9	7	1	3	8	2	4
7	8	1	2	4	6	5	3	9
3	2	4	9	5	8	1	7	6
4	6	2	1	3	5	9	8	7
8	9	3	4	6	7	2	5	1
5	1	7	8	2	9	6	4	3

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